



**TRANSPARENT**  
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## **GROUP DYNAMICS**

### The Group as a resource

This Training is addressed to new groups, it is focused on a reflection on group dynamics for already tested teams, associative groups, colleagues.

#### **WORKSHOP FRAMEWORK:**

- knowledge and socialization activities
- conflict analysis
- guided comparisons
- practical tools to fluidify contents and processes in a group

#### **USE OF THE REPORT LEVELS**

The activities that we propose can involve three levels of the relationship: cognitive, emotional and corporeal.

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